



# FLAS

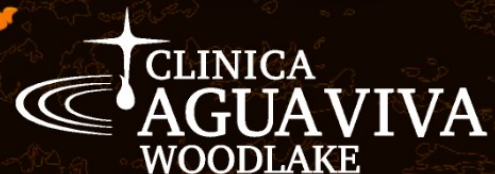
# FOOTBALL



PARKS & REC

## INITIAL 2026 SEASON INFO

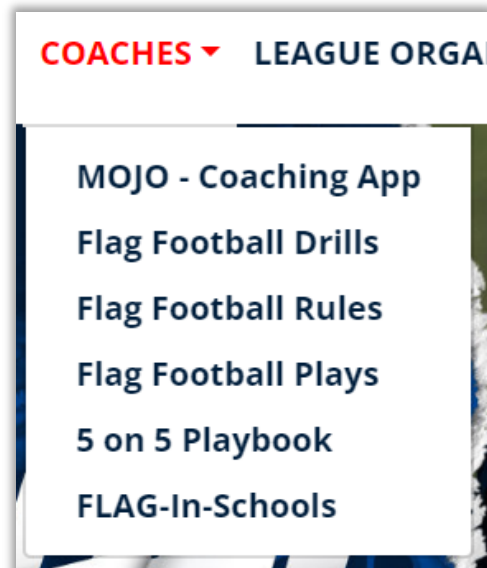
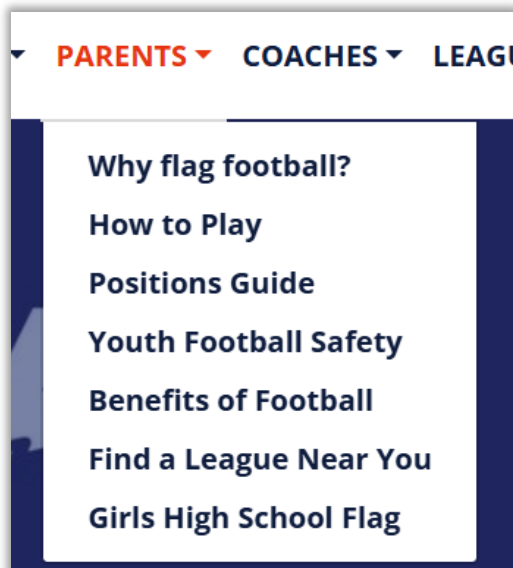
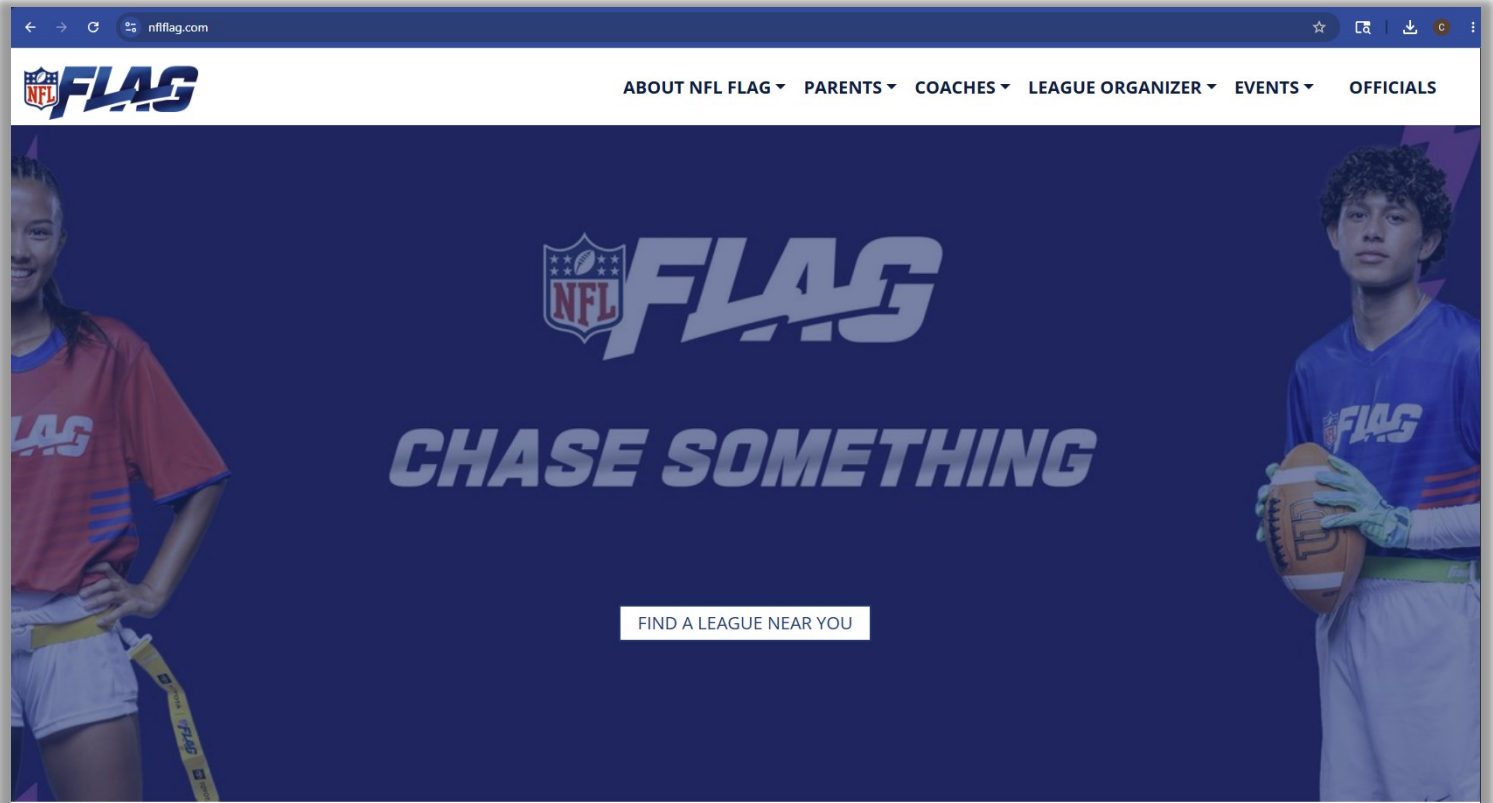
ROSTERS, OVERVIEW & RULES



# 2026 SEASON INTRO

Welcome to the Woodlake Park & Recreation Youth Flag Football League! This is only our 4th year offering this program for kids headed into Kinder to 8th Grade in the new upcoming school year. In addition, we are in our 3rd year incorporating an affiliation with the NFL Flag program. What this means for participants is that you all have access to TONS of resources that the NFL Flag program puts out for parents & coaches— including drills, rules, playbooks, access to regional tournaments, camps, and more!

Make sure you check out [www.NFLFlag.com](http://www.NFLFlag.com)!



# PRE-SEASON SCHEDULE

## JUNE 2026

SUN	MON	TUE	WED	THU	FRI	SAT
31	1	2	3 <b>ROSTERS ANNOUNCED</b>	4	5	6
7	8	9 <b>COACHES MEETING</b>	10	11	12 <b>DICK'S SPORTING GOODS DISCOUNT WEEKEND</b>	13
14	15	16	17	18	19 <b>WHS F.F. CLINIC</b>	20 <b>GAMES + PICTURE DAY</b>
21	22	23 <b>MID-WEEK GAMES BEGINS</b>	24	25	26	27
28	29	30	1	2	3	4

**JUNE 3:** Rosters announced—posted on [www.CityOfWoodlake.com](http://www.CityOfWoodlake.com), emailed to participants with email addresses listed on their registration forms, & link posted on social media so that parents can see which team their child is on and uniform info.

**JUNE 9:** Coaches will meet together this evening to pick up their team's equipment, meet other coaches, and we'll all talk through the rules, answer any questions, etc. After this meeting, coaches will reach out to their teams & coordinate practices over the next week & a half. Uniforms will likely arrive in time to be distributed to Coaches at this meeting as well!

**WEEKEND OF JUNE 12-15:** Dick's Sporting Goods in Visalia is offering our participants an extra 20% off! In this packet, you'll see the rosters posted & what your uniform looks like. The equipment that is NOT provided are mouth guards & socks. Don't forget to check if you need any new cleats, accessories (gloves, sweatbands) or water bottles! Each coach will be provided with 4-5 footballs, as well as cones & an agility ladder.

**JUNE 15-19:** If you have not heard from your Coach yet, Coaches will contact their teams this week to arrange practices (practice dates & times are dictated by the Coaches & their availability). Also after June 12th, the City will post the next wave of season information (at [www.CityOfWoodlake.com](http://www.CityOfWoodlake.com), on social media, and emailed out to participants with email addresses) which will include: **Season Rules, Opening Day details, Picture Day details, and Full Game Schedules.**

**JUNE 19:** The WHS Football Team is hosting Flag Football Clinics for kids in Kinder to 8th grade (2026-2027 school year). Registration is \$20 per child, which includes a t-shirt and instruction from the WHS Football Team! Plus, stay after to watch an outdoor showing of "The Little Giants" movie and a FREE 'Tailgate BBQ'! This clinic is a fundraiser for the WHS Football program.

**JUNE 20:** Opening Saturday! All teams will play & take team pictures, giveaway items, photo backdrop, and more!

**WEEK OF JUNE 22:** Mid-week games will begin this week.

# WHAT'S IN THIS PACKET:

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This is the INITIAL Season Information Packet for 2026, which includes rosters, uniform information & other basic info to help get you going in the right direction for season preparation. Here are some helpful notes to consider:

## **TBD COACHES:**

We are still in need of a few more volunteer coaches. These can be a parent, a relative, or a high school volunteer looking for service hours. To inquire, please **email Jennifer at [JReynolds@ci.woodlake.ca.us](mailto:JReynolds@ci.woodlake.ca.us)**.

## **OPEN ROSTER SPOTS:**

In a few Divisions we are able to take on a limited amount of late registrations. To view these available “Open Roster Spots”, view the pages in this packet which have team information listed—in the Roster section, if there is an available roster spot on a team, that will be clearly marked in red bold. If there is not an indicated “Open Roster Spot” on a particular team, that team is set & is not going to take on additional players or trades.

The uniforms for these “Open Roster Spots” have already been ordered, therefore sizes are limited. To inquire about an open roster spot, **email Jennifer at [JReynolds@ci.woodlake.ca.us](mailto:JReynolds@ci.woodlake.ca.us)**—provide the gender of your child, their grade in school, and their ideal uniform size. You can also come by City Hall (350 N. Valencia Blvd.).

## **CHANGES TO ROSTERS:**

**There will be no special requests taken at this time. There will be no changing teams at this time.** Uniforms have been ordered, the teams each have close-to-equal team sizes.

If you still feel the need for your special request to be heard, it will only be accepted via email to Jennifer at [JReynolds@ci.woodlake.ca.us](mailto:JReynolds@ci.woodlake.ca.us)—provide the gender of your child, their grade in school, and state your case. As with all situations, special requests are never guaranteed. There are no refunds.

# SEASON CONDUCT

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- All Coaches are volunteers, please respect them & the time and dedication they give to your team
- No stats are posted for pro recruits, and there are no championships—this League is purely for player development
- Our vision is to create a ‘farm system’ for our Woodlake Middle & High Schools
- We expect friendly competition among players now, so they will be great teammates in the future
- No children are allowed on the field if they are not a registered player (liability issues)
- Respect the official’s calls & be professional (they are likely high school students, learning themselves)
- Only the Coach can address the Official directly (not parents)
- The Official can call for a break with Coaches to address any items needing to be dealt with
- If a parent or Coach continues to be disrespectful, their child will sit the rest of the game
- Zero tolerance with rowdy Parents and Coaches. If a game is stopped by the Official a second time due to parents not being respectful, or a Coach arguing constantly, the game will be ended immediately
- Respect the other teams, parents, and fans
- If a parent or coach is asked to leave a game, he/she will receive an automatic 1-game suspension
- Teams and Parents are responsible for picking up their trash as they leave the field (for practice or games)

# WEEK DAY SCHEDULE OVERVIEW



## 2026 FLAG FOOTBALL SCHEDULE OVERVIEW CASTLE ROCK FIELDS

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:00PM	Available for Practices	(game prep)	(game prep)	Available for Practices	Available for Practices
5:30PM					
6:00PM					
6:30PM		Field #1: 10U Games @ 6:30 & 7:30pm	Field #1: 13U Games @ 6:30 & 7:30pm		
7:00PM					
7:30PM		Field #2 & #3: 8U Games @ 6:30 & 7:30pm	Field #2: 6U Games @ 6:30 & 7:30pm		
8:00PM					
8:30PM					



# OTHER PRACTICE LOCATIONS

Many of our City Parks have open grass areas that will be conducive for flag football practices! Click [HERE](#) to view a map of each of our parks & where they are located.

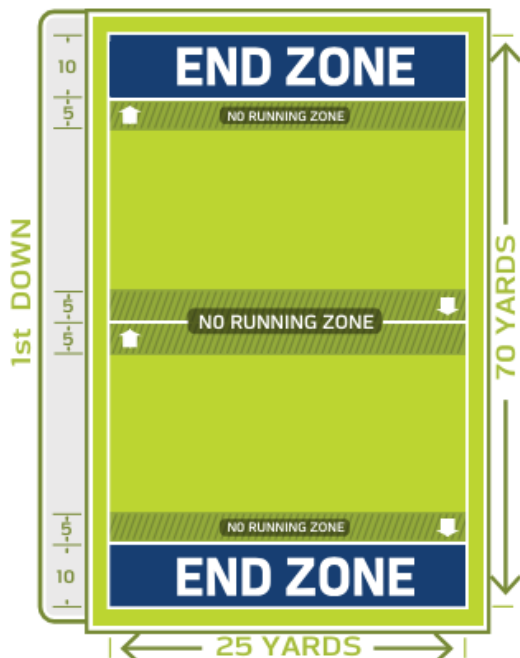
We would recommend these parks for practice locations:

- City Park
- Hillside Estates Neighborhood Park
- Valencia Heights Park
- Alsumiri Park (for 6U teams)
- Willow Court Park (in the outfield of baseball/softball fields)

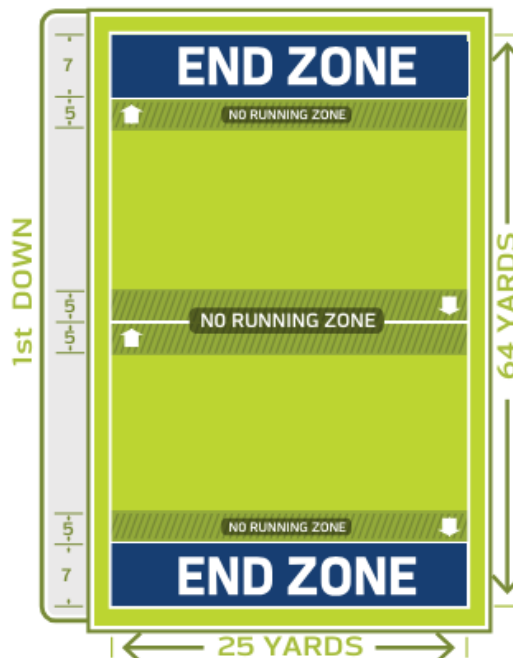
# BASIC FLAG FOOTBALL OVERVIEW

- **Games Length:** two (2) 24-minute halves with a running clock, plus a 2-minute half time (50 mins total)
- **Players on the Field:** [NFL Flag Plays & Formations](#)
  - \* 6U: 5 v 5
  - \* 8U: 7 v 7
  - \* 10U: 7 v 7
  - \* 13U: 7 v 7
- **Game Balls:** Teams work together to provide their NFL Flag balls for use in games
- **Link to NFL Flag Rule Book:** [NFL Flag Rulebook](#)
- **Link to NFL Flag “How to Play” Video:** [How to Play Video](#)
- **Link to NFL Flag Videos on YouTube:** [NFL Flag YouTube Channel](#)
- **Field Sizes & Set-Up:**

CASTLE ROCK FIELDS 1  
10U & 13U Teams



CASTLE ROCK FIELD 2 & 3  
6U & 8U Teams



# FLAG FOOTBALL EQUIPMENT



WOODLAKE REGISTRATION PROVIDES:

- Reversible Jersey
- Shorts
- Flag Belt

Read more about NFL Flag Equipment [HERE!](#)

**6U**



**8U**



**10U & 13U**



SHOP.NFLFLAG.COM

# TAKE NFL FLAG EVERYWHERE

NEW SEASON. NEW GEAR.



**15% OFF** ENTIRE ORDER WITH CODE

ENTER CODE AT CHECKOUT

**WDLKFLAG**

**EXCLUSIVE SHOP EVENT**

**20% OFF**

**YOUR ENTIRE PURCHASE**



**City of Woodlake Youth Sports Program  
Offers valid 6/12/2026 - 6/15/2026**

City of Woodlake Youth Sports Program  
Valid 6/12/2026 - 6/15/2026  
Discount valid at Visalia DICK'S Sporting Goods store location.

**20% OFF YOUR ENTIRE PURCHASE** 

**NEED AN ITEM NOT AVAILABLE IN-STORE?** Ask a Store Associate about ordering an item(s) through our ScoreMORE kiosk, located inside the store. Receive a 20% discount, plus free shipping, valid on the date(s) listed above. Some exclusions apply.

**VALID IN-STORE ONLY.** Limit one coupon per customer. Excludes taxes, prior purchases, gift cards, extended warranties such as the No Sweat Protection plan, licenses, store credit, services or excluded items, detailed in-store or at [DICKS.com/Exclusions](https://www.dicks.com/Exclusions). Cannot be combined with other offers. No reproductions or rain checks accepted. Offer not accepted at DICK'S Warehouse Sale or Going, Going, Gone! locations.



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# YOUTH FLAG FOOTBALL CLINIC

**FRI, JUNE 19 @ 7PM**

TK-7TH GRADE | CASTLE ROCK FIELDS

**\$20 PER PARTICIPANT**

EACH PARTICIPANT WILL RECEIVE A T-SHIRT & INSTRUCTION FROM WHS PLAYERS AND COACHES. ALL PROCEEDS WILL BE DONATED TO THE WHS FOOTBALL TEAM.

**PLUS!**

STAY AFTER THE CLINIC FOR A SHOWING OF 'THE LITTLE GIANTS' MOVIE AND A FREE 'TAILGATE BBQ' THANKS TO THE TULARE COUNTY SUMMER NIGHT LIGHTS PROGRAM!

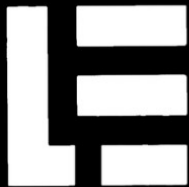
We're going to **PUMP** you UP for the season!

**TO REGISTER:**

CITYOFWOODLAKE.COM/RECREATION  
EMAIL: JREYNOLDS@CI.WOODLAKE.CA.US  
OR SCAN THE QR CODE:



CITY OF  
WOODLAKE  
**W**  
PARKS & REC



# 6U DIVISION: Kinder to 1st Grade

(FOR THE 2026-2027 SCHOOL YEAR)



**Coach:** Jesus Cerros  
**Sponsor:** Palafox Prestige Const. + Las Espuelas

# of Players	Name
1	Isaiah Huerta
2	Cannon Cerros
3	Nathan Sahagun II
4	Taye Lara
5	Jaidyn Baez
6	Brayden Guillen
7	Octavio Lara III
8	<b>Open Roster Spot</b>

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



**Coach:** Alexander Raya  
**Sponsor:** Knights of Columbus + VG Air

# of Players	Name
1	Jose Cisneros
2	Augustus Rodriguez Magana
3	Adrian Cruz
4	Adrian Martinez
5	Santiago Morales Baeza
6	Andreas Vargas
7	Bryan Rosales
8	<b>Open Roster Spot</b>

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



**Coaches:** Brandon Hill  
**Sponsor:** Family HealthCare Network + ANB Ranches

# of Players	Name
1	Boze Mason
2	Amerah Hill
3	Waylon Camacho
4	Griffin Mendes
5	Otto Carter
6	Jacob Flores
7	Boone Wlasichuk
8	<b>Open Roster Spot</b>

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



**Coach:** TBD Coach  
**Sponsor:** Griswold & LaSalle Law Firm + Munchies Coffee House

# of Players	Name
1	Alexander Arellano
2	Xander Rubio
3	Victor Aguirre
4	Matthew Cervantes
5	Xavier Solis
6	Joiah Valencia
7	Elijah Reed
8	<b>Open Roster Spot</b>

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



# 8U DIVISION: 2nd & 3rd Grade

(FOR THE 2026-2027 SCHOOL YEAR)



**Coaches:** Cole Manske  
**Sponsor:** Ponce Ranch Services + Valley Autmation Solutions

# of Players	Name
1	Roselyn Cisneros
2	Colton Reynolds
3	Brixton Taylor
4	Everett Taylor
5	Rigoberto Valencia
6	Maverick Manske
7	Liam Ponce
8	Lyle Pascoe
9	Waylon Pascoe

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



**Coaches:** David Ramirez & Cristian Avila  
**Sponsor:** B&L Quality Meats + Full Circle Farming

# of Players	Name
1	Adriel Pena
2	Charlotte Luna
3	Landon Ramirez
4	Louis Flores
5	Alexander Solis
6	Levi Cervantes
7	Noel Gonzalez
8	Kevin Vejarano
9	Liam Avila

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



**Coach:** Nestor Parilla & Yoan Ceballos  
**Sponsor:** First Choice Auto Body & Paint

# of Players	Name
1	Liam Cortez
2	Thiago Ariel Villa
3	Mateo Parrilla
4	Julian Gutierrez
5	Xavien Crofton
6	Dominic Ceballos
7	Dylan Cortez
8	Luke Wayde Hernandez
9	Mathias Ezequiel Villa

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



**Coach:** Aaron Conner  
**Sponsor:** Ortiz Automotive + QK, Inc.

# of Players	Name
1	Vicente Ruvalcaba
2	Zion Seifert
3	William Stuller
4	Richard Goijon
5	Benjamin Arzola
6	Leonardo Arzola
7	Freddy Josiah Chavez
8	Sophia Keeling
9	Jacob Santibanez

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



# 8U DIVISION: 2nd & 3rd Grade

(FOR THE 2026-2027 SCHOOL YEAR)



**Coaches:**

Genaro Casas & Ramon

**Sponsor:**

Living Water Clinic  
+ Super Taco

**# of Players**

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**Name**

Ian Hernandez Kim  
Bodie Thomason  
Leo James De Leon  
Ayden Casas  
Mateo Sanchez  
Alexandria Madrid  
Greyson Jones  
Ace Barrios  
Tate Cerros

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



**Coach:**

Michael Freeman

**Sponsor:**

Luiz Farms, Inc.  
+ Woodlake Kiwanis

**# of Players**

- 1
- 2
- 3
- 4
- 5
- 6
- 7
- 8
- 9

**Name**

Marek Freeman  
Matitus Freeman  
Sylus Barnett  
Jhairo Lopez  
Liam Valencia  
Gabriel Rico  
Dylan Luiz  
Jordan Espinoza  
Noah Flores

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



# 10U DIVISION: 4th & 5th Grade

(FOR THE 2026-2027 SCHOOL YEAR)



**Coach:** Ivan Rubio + Assistant Ruben  
**Sponsor:** Palafox Electric + Nielsen Inst

# of Players	Name
1	Armando Garcia
2	Lexi Rubio
3	Luke Rubio
4	Ruben Feliscian
5	Ethan Garcia
6	Jordan Taylor
7	Jose Vargas Hernandez
8	Savannah Keeling
9	Open Roster Spot
10	Open Roster Spot

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



**Coaches:** Alex Rodriguez & Genaro Casas  
**Sponsor:** Ledesma Enterprises + Woodlake POA

# of Players	Name
1	Ayden Casas
2	Elias Cardenas
3	Aryanna Casas
4	Juan Guizar Jr.
5	Dario Cardenas
6	Orlando Morales Baeza
7	Fabian Anaya
8	Roman Martinez
9	Elena Rodriguez
10	Open Roster Spot

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



**Coach:** Juan Gomez  
**Sponsor:** Sunrise Harvest + Cal Ag

# of Players	Name
1	Dionysus Rodriguez
2	Dominus Rodriguez
3	Iris Ponce
4	Lane Nuckols
5	Matthew Gallegos
6	Leo Olea
7	Vincent Lyons
8	Jesse Florez
9	Joselyn Cisneros
10	Open Roster Spot

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



**Coach:** Chris Taylor & Jonathan Nava  
**Sponsor:** Reynolds Farming + Ledesma Enterprises

# of Players	Name
1	Richard Valencia
2	Santiago Valencia
3	Cason Taylor
4	Aryanna Odom
5	Maverick Reynolds
6	Colt Pascoe
7	Heston Manes
8	Madelyn Jimenez
9	Madden Nava
10	Open Roster Spot

**REVERSIBLE JERSEY & SHORTS PROVIDED:**



# 13U DIVISION: 6th to 8th Grade

(FOR THE 2026-2027 SCHOOL YEAR)



**Coach:** Jose Rodriguez & Miguel  
**Sponsor:** LE Homes  
 + Heiskell's Feed Depot

**REVERSIBLE JERSEY & SHORTS PROVIDED:**

# of Players	Name
1	Gabriel Rodriguez
2	Marcos Hernandez
3	Mateo Alonso
4	Isabella Hernandez
5	Aiden Edmonds
6	Julian Rodriguez
7	Jordan Reff
8	Alfonso Hernandez
9	Mike Huerta



**Coach:** Juan Gomez  
**Sponsor:** Valero Bros. Towing  
 + Woodlake Drive-In

**REVERSIBLE JERSEY & SHORTS PROVIDED:**

# of Players	Name
1	Timothy Guerrero
2	Eric Martinez
3	Henley Montano
4	Matthew Escamilla
5	Max Medina
6	Calif Saucedo
7	Decymus Rodriguez
8	Devin Alvarez
9	Lukas Aguilar



**Coach:** Ismael Hernandez  
**Sponsor:** M&M HealthCare + Ledes

**REVERSIBLE JERSEY & SHORTS PROVIDED:**

# of Players	Name
1	Rodrigo Oscar Garcia
2	William Alejandro
3	Jesus "Chuy" Avila
4	Camila Sanchez
5	Jose Perez Jr.
6	Daniel Reed
7	Hector Rodriguez-Sanchez
8	Ivan Martinez
9	Ufran Ramirez



**Coach:** Sebastian Mendoza & Fabian  
**Sponsor:** Zeltmacher Structural Design  
 + LE Homes

**REVERSIBLE JERSEY & SHORTS PROVIDED:**

# of Players	Name
1	Azul Guizar
2	Isaac Collins
3	Ivan Juarez-Diaz
4	Delilah Lopez
5	Dominick Cuevas
6	Nathaniel Cuevas
7	Isaiah Gonzalez
8	Adrian Sanchez
9	Zander Gonzalez

